



# Raising Vegan Children in a Non-Vegan World: A Complete Guide for Parents

*Erin Pavlina*

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## **Raising Vegan Children in a Non-Vegan World: A Complete Guide for Parents** Erin Pavlina

Raising vegan children in today's society is much easier when you can draw from the experiences of other parents. Filled with advice gleaned through interviews with hundreds of vegan families, this book promises parent-tested answers to your most pressing questions.

Topics covered include: Transitioning children to a vegan diet, school and daycare dilemmas, nutrition and health, social situations, mixed marriages, traveling, instilling compassion in children, and more!

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