



# DIY Liquid Soap Making for Beginners: How to Make Moisturizing Hand Soaps, Therapeutic Shower Gels, Relaxing Bubble

*Sarah Lillard*

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**DIY LIQUID SOAP MAKING FOR BEGINNERS- How to Make Moisturizing Hand Soaps, Therapeutic Shower Gels, Relaxing Bubble Baths and More** Who else wants to drastically reduce their family's exposure to harsh chemical additives in commercially manufactured soaps, body washes and shampoos? Whether you realize it or not, every time you cleanse your face, wash your hair, or take a shower, you're exposing your body to a multitude of dangerous additives and preservatives. These toxic elements are building up in your system growing more threatening to the health of your skin and your vital organs day by day. As these toxins accumulate, they increase your risk of developing a host of degenerative diseases, like heart disease and cancer. **Discover how to not only avoid the dangerous of slow toxic build up and the increasing the risk of chronic diseases, and in general improve the health of your body's largest organ – the skin.** Also, you'll discover... Discover the 7 most dangerous additives that are found in almost every commercially bought soap, shampoo and body wash and how they are putting your family's health at risk Discover an alternative to stringent, store-bought soaps which do nothing but start with your skin, causing potential damage to all of your organs and your entire hormonal system Find out how making your own homemade soaps can also help to save you money! Learn the secrets to starting your own business creating, marketing and selling custom-crafted soaps Discover the joy of giving these artisan soaps personally made for family and friends And much more! **Table of Contents Chapter 1: Why make your own Soaps?** The 7 Most Dangerous Additives The Growing Concern of Additives Homemade Soap Does What? Let's Talk about the Cost **Chapter 2: What's Involved** Just 4 – Count 'em 4 -- Ingredients Must-Have Ingredient No.1: Lye Safety Instructions for Soap Making with Lye Must-have ingredient No. 2: Oil Must-have Ingredient No. 3: Water Must-Have Ingredient No. 4: Borax Close Encounters with Borax Any Other Ingredients Needed? Gathering Your Equipment Kitchen Scale Thermometer Two Pots: One Stainless -- One Canning Pot Let's Stir Things Up a Bit: Whisks and More! Gloves and Goggles Protection **Chapter 3: The Basic Recipe** Let it Rest **Chapter 4: Recipes using Lye** Fantastic Foaming Hand Soap Soft and Gentle Hand Soap Amber Hand and Body Wash Gentle Body Wash Soaps with Palm Oils Sweet Almond Palm Oil Hand Soap The Ultimate Moisturizing Body Soap "Magical" Jojoba Moisturizing Soap Sensationally Moisturizing Body Soap Liquid Soaps that will Change the Way You Shampoo Basic Shampoo Instructions Healthy Coconut Shampoo Luxurious Jojoba Conditioning Shampoo Sweet Almond Oil Shampoo Softer than Silk Shampoo Amber Shampoo **Chapter 5: Recipes without the Lye** Kissed with Honey Body Wash Vanilla Hand Soap Family-Friendly Liquid Soap Recipe **Chapter 6: Signature Soap Dispensers** Aunt Bella's Perfect Gift Dispenser A Housewarming Gift Wedding Presents Shower Gifts or Favors A cold-season aid Special Gift for Grandparents Going in a completely different direction Wine, Liquor or Beer Bottle Dispensers **Chapter 7: Selling Your Soaps** Why not? Start an Inventory Be a Presence Online Business Cards Distribute to Consignment Shops and Boutiques Contact the Press Keep Replenishing Your Stock Balancing Making, Selling and Enjoying **Appendix I: Essential Oils for Beautiful, Soft Skin and Healthier Hair** Essential Oils Demystified

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