

# Feeling Good: 28 Easy And Effective Ways To Be Happy; And Live A Life With Gratitude!! (Feeling Good: Happiness Project)

John Korsh

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# Feeling Good: 28 Easy And Effective Ways To Be Happy; Depression Cure, And Live A Happy Life!!!!!

Feeling Good is really the point of living our life. If we live a life without happiness, then there is really no need to live a life. A person who think "If I were this or If I were that...then I would be happy".. such a person is making an excuse to make his or her life better. Feeling good comes from an inner state.. and not so much about how much money you have, or what is your popularity. To be happy, a person must learn to master his thoughts...through his actions!

### Here Is A Preview Of What You Will Learn:

- 28 ways to be happy.
- How to overcome depression.
- Identify if a problem deserves you to simply forget it, or does it require your attention!
- Relationship between money and happiness!
- Not what you have, but how you feel about what you have
- Introduction to next part of the education—make more money to be happy(to certain degree—money has something to do with an individual's happiness
- And much more!!

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#### **Henry Robinson:**

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