



Summers Under the Tamarind Tree: Recipes & Memories from Pakistan

Sumayya Usmani

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Summers Under The Tamarind Tree is a contemporary Pakistani cookbook celebrating the varied, exciting and often-overlooked cuisine of a beautiful country. In it, former City lawyer turned food writer and cookery teacher Sumayya Usmani captures the rich and aromatic pleasure of Pakistani cooking through more than 100 recipes. She also celebrates the heritage and traditions of her home country and looks back on a happy childhood spent in the kitchen with her grandmother and mother.

Pakistani food is full of flavour. With a rich coastline, the country enjoys spiced seafood and amazing fish dishes; while borders with Iran and Afghanistan mean strong Arabic influences in the food, alongside Indian and Far East Asian flavours. Sumayya brings these together beautifully showcasing the exotic yet achievable recipes of Pakistan.

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