



Back To Great Sex: Overcome ED and Reclaim Lost Intimacy

Ridwan Shabisigh MD

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Erectile Dysfunction (ED) affects more than 30 million American men, yet for too long, the stigma and fear of humiliation have kept this highly treatable problem in the closet. Far worse than simply embarrassing, ED can crush self-esteem, damage personal relationships, and sometimes signal a more serious health problem. While the introduction of Viagra has successfully brought this issue to a wider audience, far too many men still don't have the confidence to talk about ED -- or the facts they need to make an informed decision in treating it. Now, Dr. Ridwan Shabsigh, one of the world's leading experts on Erectile Dysfunction, brings the many aspects of this widespread disorder to light. In his comprehensive approach, he offers a thorough discussion of both the physical and psychological causes of ED, including vascular, neurological, hormonal, behavioral, and stress-related issues. He then explains the tests and diagnostic tools that one can encounter, and presents the various treatment options available today, from oral medications and natural therapies, to self-injection therapy with Caverject, penile implants, and vascular surgery.

In addition to a full discussion of Viagra, Dr. Shabsigh reveals a number of exciting new treatments, which include the three most promising drug therapies that are currently under investigation and about to break open the market: Cialis, Vardenafil, and Uprima. He then explains how each new drug works and why it might be right for some men and not for others. Of equal importance is the ability of men to communicate their fears and concerns about ED This reassuring guide empowers them to talk more openly with their partner, their doctor, and even their friends. Women, in particular, will find it helpful in addressing sexual issues with the men in their lives.



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