



The Anti-Procrastination Manual

Melani Schweder

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Are you struggling with lack of motivation? Do you find yourself navigating through the internet without a real purpose or direction? Do you feel like your days are passing you by and you can't really take control of yourself and your life?

I've been there before, and I know the feeling. Not being productive will actually decrease your self esteem and influence other aspects of your life, in a negative way. I'm going to show you a simple and effective (I know that's the only thing that'll get you to take action) method I have used to turn my life, my productivity and my income around.

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