



101 Awesome Things To Do for Someone Who's Sick: Caring Ideas + Resources + Gifts + Elder care + Seniors

Elaine Wilkes

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Show you care.

“Is there anything I can do?”

YES!

This easy-read answers that question with:

- Super special things you can do that they'll cherish forever
- Nurturing ideas (Ahhh!)
- Thoughtful ways to uplift their spirit
- Practical, helpful tips (You'll be happy you have these!)
- Touching, heartwarming stories
- Inspiring contributions from 101 people
- Free, helpful resources (so much help out there!)
- Wise advice from seasoned caregivers
- Original gift ideas

Plus, these ideas can also be used for a meaningful birthday, anniversary, or holiday present.

How nice! They're SO gonna love what you do!

These thought-provoking, inspiring messages also show the triumph of the human spirit.

You'll receive a whole new perspective on compassion and helping people who are sick.

This book will greatly help you help cancer patients, the elderly, people recovering from surgery, or in the hospital, rehab, or hospice. Even pregnant women having babies, or someone housebound could have use these tips to brighten their day.

This will help you and others get through tough times and the hardships of life.

Please read the outstanding reviews! Example:

Fantastic!!! There are terrific ideas big & small to do for anyone on any occasion! Some ideas so touching, some funny...many very easy. It's an easy and a delight to read! I find myself just opening pages to discover new ideas."

I'm buying this for gifts just in time for the holidays! And I'm having fun planning on doing some of the ideas! -Marigrace Gleason

About The Author

Elaine has a Ph.D. in naturopathy (alternative medicine), graduating with honors, and a master's degree in psychology.

Elaine has appeared as an expert on *CNN Headline News*, *E Entertainment TV*, and is quoted in publications such as *The Chicago Tribune*, *Alternative Medicine*, *Forbes*, and *Women's World* to name a few.

Elaine's award-winning book, *Nature's Secret Messages: Hidden in Plain Sight*, (Hay House Publishing) **received the highly coveted *Publishers Weekly* rare star recommendation, and won The Living Now Awards.**

"This book is a page-turner—fascinating, compelling, and incredibly informative. I could not put it down.
—Rory Freedman, Co-Author of *New York Times* best seller *Skinny Bitch*

“With a dash of tongue-in-cheek cheer, actress and PhD-carrying naturopath Wilkes offers a thorough, clear-cut and well-illustrated introduction to holistic medicine, natural eating and the benefits of mindfulness.”

—*Publishers Weekly*

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From reader reviews:

Ann Morgan:

A lot of people always spent their very own free time to vacation or maybe go to the outside with them household or their friend. Are you aware? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. In order to try to find a new activity here is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book you read you can spent the entire day to reading a guide. The book 101 Awesome Things To Do for Someone Who's Sick: Caring Ideas + Resources + Gifts + Elder care + Seniors it is quite good to read. There are a lot of people that recommended this book. We were holding enjoying reading this book. In case you did not have enough space bringing this book you can buy the actual e-book. You can m0ore simply to read this book from a smart phone. The price is not too costly but this book possesses high quality.

Frederick Palazzo:

Reading can called mind hangout, why? Because when you are reading a book specially book entitled 101 Awesome Things To Do for Someone Who's Sick: Caring Ideas + Resources + Gifts + Elder care + Seniors the mind will drift away trough every dimension, wandering in most aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging each and every word written in a publication then become one type conclusion and explanation in which maybe you never get ahead of. The 101 Awesome Things To Do for Someone Who's Sick: Caring Ideas + Resources + Gifts + Elder care + Seniors giving you one more experience more than blown away your head but also giving you useful facts for your better life in this particular era. So now let us demonstrate the relaxing pattern the following is your body and mind will likely be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary spending spare time activity?

Richard Thompson:

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