



# Life and Loss: A Guide to Help Grieving Children

*Linda Goldman*

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## **Life and Loss: A Guide to Help Grieving Children** Linda Goldman

With this resource, the reader learns to recognize and understand different types of childhood losses while avoiding the stifling clichés that block feeling. The reader will also become aware of the myths that hinder the grief process, learn the four psychological tasks of grief, and help a child say good-bye to a dying loved one. Finally, the author explains the techniques of grief work, providing useful tools, ideas, and inventories for educators to discover ways for kids to commemorate loss (funerals, memorials, memory books).

The second edition of *Life and Loss* creates a framework for work with childhood grief in the new millennium. A vast amount of resources have been added and updated, some especially for educators and for those who work with children and dying. Also included are web sites, cd-roms, and grief camps. Additional grief resolution techniques have also been added, demonstrating children's written work and artwork as well. The inclusion of two timely childhood losses - the loss of the protection of the adult world and the loss of a future - sets the stage for griefwork for today's and tomorrow's children.

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