



Dinner: The Playbook: A 30-Day Plan for Mastering the Art of the Family Meal

Jenny Rosenstrach

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NEW YORK TIMES BESTSELLER

Three signs you need this book:

- 1) *Chicken fingers qualify as adventurous. (Hey, they're not nuggets.)*
- 2) *You live in fear of the white stuff touching the green stuff.*
- 3) *Family dinner? What's family dinner?*

When Jenny Rosenstrach's kids were little, her dinner rotation looked like this: Pasta, Pizza, Pasta, Burgers, Pasta. It made her crazy—not only because of the mind-numbing repetition, but because she loved to cook and missed her prekid, ketchup-free dinners. Her solution? A family adventure: She and her husband, Andy, would cook thirty new dishes in a single month—and her kids would try them all. Was it nuts for two working parents to take on this challenge? Yes. But did it transform family dinner from stressful grind to happy ritual? Completely. Here, Rosenstrach—creator of the beloved blog and book *Dinner: A Love Story*—shares her story, offering weekly meal plans, tons of organizing tips, and eighty-plus super-simple, kid-vetted recipes.

Stuck in a rut? Ready to reboot dinner? Whether you've never turned on a stove or you're just starved for inspiration, this book is your secret weapon.

Praise for *Dinner: The Playbook*

“Your hard-to-please crew will wolf down these inventive ways to introduce ‘fancy’ foods. Jenny Rosenstrach created them for her family, and she swears you’ll be shocked by the clean plates. . . . *Dinner: The Playbook* mixes ‘You can do this’ inspiration, practical planning, and easy recipes [with] hard-earned wisdom for getting a kid-pleasing meal on the table, night after night.”—**Redbook**

“The master of simple, low-stress cooking. You might know her from her blog, *Dinner, A Love Story*; her new book, *Dinner: The Playbook*, is full of the same secret strategies for busy women.”—**Glamour**

“Families and novice cooks who accept Rosenstrach’s challenge will definitely find a few ‘keepers’ here.”—**Library Journal**

“Jenny Rosenstrach has truly mastered the art of the happy family dinner. This is the most sensible advice on cooking for kids I’ve ever seen: no gimmicks, no tricks, just practical advice for working parents. I wish this book had been around when my son was small.”—**Ruth Reichl**

“This book is for anyone who loves the promise of a home-cooked dinner but gets bogged down by the day-to-day reality of it: picky kids, picky spouses, the extinction of the nine-to-five workday, and the pressure—oh, the pressure—to get it on the table before everyone collapses into a hangry (hungry + angry) meltdown. Which is to say that this book is for me, me, me. And I bet it’s for you too.”—**Deb Perelman, author of *The Smitten Kitchen Cookbook***

“Well, Jenny Rosenstrach, on the behalf of my whole family, thanks for the most practical—and yet still inspired—cookbook on our shelf. You are singularly responsible for my return to the kitchen.”—**Kelly Corrigan, author of *Glitter and Glue***

“Jenny Rosenstrach is warm, wise and a genius when it comes to dinners.”—**Joanna Goddard, blogger, A Cup of Jo**

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