



The Luckiest Girl in the World : A Young Skater Battles Her Self-Destructive Impulses

Steven Levenkron

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Just looking at Katie Roskova, you'd think she had it all: she was pretty, popular, an A-student at an exclusive private school, and on her way to becoming a champion figure skater. But there was another Katie—the one she hid from the world—who was having trouble dealing with the mounting pressures of her young life. And it was this Katie who, with no other means of expression available to her, reacted to her overbearing mother, her absent father, her unforgiving schedule, and her oblivious classmates by turning her self-doubt into self-hatred. And into self-mutilation. In his previous novel, *The Best Little Girl in the World*, Steven Levenkron brought insight, expertise, and sensitivity to the painful subject of anorexia nervosa. Now he applies these same talents to demystifying a condition that is just as heartbreaking, and becoming more common everyday. Through his depiction of Katie's self-mutilating behavior—she is called "a cutter" by her peers—and her triumphant road to recovery, he offers a compelling profile of a young girl in trouble, and much-needed hope to the growing numbers who suffer from this shocking syndrome.

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