



# The Pastor's Guide to Psychological Disorders and Treatments

*W. Brad Johnson, William L. Johnson*

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# The Pastor's Guide to Psychological Disorders and Treatments

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**The Pastor's Guide to Psychological Disorders and Treatments** W. Brad Johnson, William L. Johnson Understand and direct your parishioners who suffer with mental health difficulties! Here is a comprehensive, up-to-date reference for pastors, priests, and non-Christian religious leaders who need assistance in recognizing psychiatric disorders and getting parishioners the help they need. The Pastor's Guide to Psychological Disorders and Treatments is designed to prepare practicing clergy to respond to the mental health needs of their flock. Pastors with no training in counseling as well as those with graduate degrees in the field will find this a valuable and often-referenced guidebook. Containing concise descriptions of the most common mental health treatments and resources, The Pastor's Guide to Psychological Disorders and Treatments provides you with key indicators for recognizing troubled parishioners and clergy, and recommendations for you on how to direct those affected. In addition to a comprehensive list of resources, The Pastor's Guide provides a strategy for selecting the right professionals to work with your parishioners. Each chapter is carefully organized around clinical examples, salient features, key indicators and recommendations for pastoral response. The Pastor's Guide to Psychological Disorders and Treatments summarizes the major psychiatric disorders, including:

- mood disorders
- anxiety disorders
- personality disorders
- disorders of childhood

You'll also find concise descriptions of:

- the major approaches to treatment
- types of mental health professionals
- various self-help books
- key professional/ethical guidelines for mental health professionals

Complete with clinical examples to illustrate certain disorders, The Pastor's Guide to Psychological Disorders and Treatments will raise your awareness of mental health issues in order to help the individuals in your church find appropriate and accurate mental health services.

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