



Tough Love: How Parents Can Deal with Drug Abuse

Pauline Neff

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Tough Love is hope. It is help. It is a way of recovery for drug abusers, and a positive, supportive program for their families. Tough Love is a gift of love and a gift of life for those who practice its plan. It is a book for all parents, especially those whose children are now on drugs or are exposed to those who use drugs. Pauline Neff has gathered enthralling, real-life accounts of young drug users who needed help and of their parents' role in seeing that they received it. Eight families describe, in very graphic, heartrending terms, how their children successfully beat the drug habit through The Palmer Drug Abuse Program. PDAP is a privately financed twelve-step program, similar to the steps of AA. Ms. Neff explains each step to show how families can interpret and work through these steps in their own lives. Thousands of young people have found help through this method. Families have been reunited, and parents' own lives have been changed drastically in the process. If you are a parent of a young person in America today, Tough Love may be the most important book you will ever read. It may save your life.

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